

*WHY CHOOSE SOL?*



Our consulting and interactive programs can get you to where you want to be. If you are already an effective leader and would like to significantly expand your capacity and results, you will want us on your team! If you are having difficulty moving forward we can help you get unstuck and moving in the direction you want to go. In addition, you are going to love the process! Our coaching sessions seem to fly right by and you'll be eagerly anticipating your next session.

Our interactive programs are held by phone consultation that let you be right in the comfort of your own offices and homes. If you are in the San Francisco-Bay or Los Angeles Area, our private consultation work is set in peaceful and natural settings. Come into the tranquility of our Richardson Bay office or drive to the horse barns in Sonoma and Los Angeles Counties for our equine-guided leadership coaching. Namaste's interactive programs and coaching, together or separately, will allow you to:

- Define best philanthropy outcomes and learn how to achieve them
- Clearly define and express your vision and values
- Increase communication expertise to provide dynamic leadership
- Increase presence and authenticity as a leader of change
- Align team members toward a common vision and values
- Co-create best futures for donors, developers & recipient organizations
- Gain joy in all aspects of philanthropy, advising, giving and receiving
- Discard outmoded and ineffective paradigms
- Develop unparalleled relationships and partnerships
- Discover the personal and organizational commitments that build trust and confidence

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## **LEADERSHIP DEVELOPMENT CONSULTATION AND COACHING**

Our consultation and coaching sessions are also available independent of the interactive programs and custom packages. We offer private telephone-coaching consultation to individuals and teams based on their specific intentions and needs. In addition we offer private and team consultation in our northern CA, Mill Valley, office.

## **NAMASTE INDIVIDUAL AND TEAM OFFERINGS HOURLY CONTRACTED FEES**

We work with clients on their vision and the attending development work that allows them to achieve their planned outcomes.

### **INDIVIDUAL**

- 5 sessions of one hour per week - \$1500
- 10 sessions of one hour per week - \$2750
- 25 sessions of one hour per week - \$7000 (Special Value!)

### **TEAM (UP TO FIVE TEAM MEMBERS PER SESSION)**

- 5 sessions of 1.5 hours per week - \$2250
- 10 sessions of 1.5 hours per week - \$4250
- 25 sessions of 1.5 hours per week - \$10750 (Special Value!)

## **COACHING CUSTOM CONTRACTS**

Our consultation fees are based according to the scope of work agreed upon and the timeline of our work together. Together, client and Namaste define the scope of work to be accomplished.

## **EQUINE-GUIDED LEADERSHIP COACHING PACKAGES**

Equine-guided leadership consultation is offered for individuals and teams in Sonoma and Los Angeles Counties. Horses are reliable and powerful reflectors of leadership styles and offer immediate response to what is present and what is missing in vision setting and taking appropriate actions steps.

## **MONTHLY PAYMENT**

This kind of financial arrangement is for clients where we have a contract for a very wide-ranging scope of work.

## **PROJECT PRICING**

Project pricing is based on projects that have a limited and specific set of promised outcomes. We limit our projects to 2–3 month periods.